

How We're Celebrating National Recovery Month Despite the Pandemic

2020 has been a tough year for everyone, but more so for people in recovery. It's taken a lot of effort to look past the negative and find the positives. But National Recovery Month is here and it's time for reflection, observance, and a celebration of how far you have come in your recovery – whether you've been in sobriety for two weeks or ten years.

While Recovery Month certainly looks different this year as we maintain social distancing guidelines, there are multiple ways to observe and celebrate yours or a loved one's recovery.

Our peer recovery centers, [Everyday Miracles](#) in Worcester, [New Beginnings](#) in Lawrence, and [The Recovery Connection](#) in Marlborough are hosting virtual events for Recovery Month.

1st Annual Spectrum Health Sys Peer Support Centers -Making Connections in Recovery Virtual Walk

Location: We'll broadcast over Zoom, but participants will walk in their own neighborhoods

Date and Time: Sep 30, 2020 starting @11:00 am -Join our Zoom Celebration

Zoom Link: <https://us02web.zoom.us/j/81697062749>

Meeting ID: 816 9706 2749 (No Password needed)

Dial in by phone option: +13126266799 – US (Chicago) +19292056099- US (New York)

Celebratory walks look a little bit different this year during COVID-19. For National Recovery Month, our peer recovery centers in Lawrence, Worcester, and Marlborough are hosting a virtual walk over Zoom! Log into the Zoom meeting via a phone or tablet and get walking!

During intermissions from 12 – 1:30pm, the centers will share testimonials and play music. We hope you join us for a socially distant celebration of recovery!

See Attached Flyer

Virtual Recovery Meetings

There's no time like National Recovery Month to make new connections or reacquaint yourself with your peers. Join our peer recovery centers in daily Zoom meetings to talk about your story, recovery, and encouragement for others. To join us for virtual recovery meetings, follow our Facebook pages and websites for monthly Zoom schedules:

- Everyday Miracles Schedule: <https://spectrumhealthsystems->
- The Recovery Connection Schedule: <https://spectrumhealthsystems->
- New Beginnings Schedule: <https://spectrumhealthsystems->

Even during this socially distant time, there's something out there for everyone to celebrate their recovery! For more information about our peer recovery centers, visit each of their websites:

- Everyday Miracles in Worcester: <https://everydaymiraclesprsc.com/>
- New Beginnings in Lawrence: www.newbeginningsprc.org/
- The Recovery Connection in Marlborough: www.therecoveryconnection.org/

For more information about peer recovery, check out our [blog post!](#)

If you or a loved one is struggling with addiction, Spectrum Health Systems is here to help. Call us today at 1-877-MyRehab and speak to a counselor today.