11/17/2026

TRAUMA TRAINING TUESDAY

VIRTUAL/ZOOM

THIRD TUESDAY OF THE MONTH

School Avoidance

When a child struggles to attend school, the experience can be stressful and overwhelming for the entire family. Parents and caregivers may find themselves caught between the importance of school attendance and concerns about their child's emotional well-being, relationships, and sense of safety at school. Understanding what's behind school avoidance is an important first step toward finding solutions. Join us for a compassionate, practical conversation about the many factors that contribute to school avoidance, including bullying, social challenges, and emotional distress. We'll explore ways to support children, strengthen communication and collaboration between families and schools, navigate available resources, and work together toward solutions that prioritize children's well-being.



Beth Bergstrom

Assistant Program Manager, Central Massachusetts, PPAL

Beth Bergstrom serves as Assistant Program Manager for Central Massachusetts at PPAL (Parent/Professional Advocacy League), an organization dedicated to supporting families of children with mental health needs. Through her work with PPAL, Beth helps connect families with information, resources, and advocacy support as they navigate challenges involving schools and community systems.

Using the link below you should be able to join from a desktop, laptop, tablet, or phone at noon on November 17th. It will be recorded for later viewing. No need to rsvp to join, and please share!

Topic: School Avoidance
Time: November 17, 2026- 12:00 PM Eastern Time

Join Zoom Meeting
https://us02web.zoom.us/j/81768933438?pwd=am9HZmxxSkg1TmRDTDBFRzMzdjlnUT09

WORCESTER ACTs
Addresses Childhood Trauma

The City of Worcester
Department of Health and Human Services
Division of Public Health

RELIANT FOUNDATION
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