

Trauma Training Tuesday Agenda

Topic: Trauma of Fleeing Afghanistan

Time: November 16, 2021- 12:00 PM Eastern Time

Welcome

Amy Ebbeson

12-12:15

Zoom- participants introduce in chat- Mary Robbins will help monitor questions
Agenda- Speaker bios on slides and pasted in chat
Speaker may take questions however is best for them

Psychological trauma basics-Manage expectations, fight/ flight/freeze, cognitive overwhelm, present danger, mistrust/trust, prioritizing needs. Cultural Humility- importance of nonjudgement

Working w/ immigrants and refugees –

Sarah Stanlick

12:15-12:30

Understanding status categories/ rights
Systems of helping- government, nonprofit, faith based, volunteer led

Karen Clark- Hoey

12:30-12:45

Build skills of relationships that promote respectful and effective interactions
Mental Health concerns and supports to build resilience

Afghan Cultural-

Mona Ives & Somaya Rajai

12:45-1:15

Diversity of Religion, ethnicity, language, daily living routines/ gender specific needs, music/sport/art/ media, food/clothing- helper related concerns

Current Observations/situations/ needs-

Dr Bersani

1:15-1:30

Ways to help now-

Melanie Shapiro

1:30- 1:45

Noreen Johnson-Smith

1:45-2:00

Airline miles, contributions, clothing, tangible support to set up households

Bios

Dr. Sarah Stanlick is an Assistant Professor of Integrative and Global Studies at Worcester Polytechnic Institute. She was the founding director of Lehigh University's Center for Community Engagement and was a researcher at Harvard's Kennedy School, assisting the US Ambassador to the United Nations, Samantha Power. Her current interests include global citizenship, human rights, transformative learning, and building community.

Dr. Karen Clark-Hoey is an Assistant Professor of Social Work at Springfield College.

Mona Ives is the President of Ansaar of Worcester,

Somaya Rajai is with RIAC,

Captain Christopher Bersani, Psy.D is Behavioral Health Officer in Charge at the US Health Resources Services Administration and Deputy Regional Administrator at Health Resources Services Administration. Boston Regional Office

Noreen Johnson-Smith leads Central MA Afghan Resettlement and Response

<https://www.sharetheplatform.org/>

Melanie Shapiro is an Immigration Attorney.

Bio: Melanie Shapiro is an immigration attorney who specializes in helping survivors of abuse through asylum, VAWA, special immigrant juvenile status, T & U visas. She has offices in Norwood and Worcester. She is a member of the American Immigration Lawyers Association where she serves on the Diversity, Equity, and Inclusion committee and also works with the LGBT Asylum Task Force in Worcester. She is an adjunct Professor of Law at Roger Williams University School of Law, where she teaches a course on immigrant survivors of domestic violence.

Melanie leads the Afghan Feminist Refugee Fund. She coordinates legal services, housing, sponsors, evacuations, and safe houses for at risk-Afghans, focusing on members of the LGBTQ community, women's rights activists, journalists, and female lawyers, judges, former Afghan government officials, and minority groups.

You can share my email: melanie@melanieshapiroesq.com

You can also share afghansponsors@gmail.com for anyone who wants to be a sponsor.

This is the GoFundMe: <https://gofund.me/600c1b1>