# **Trauma Training Tuesday**

### **Free Lecture Series** Third Tuesday of the Month

12:00 P.M.-2:00 P.M.

## NOVEMBER TRAINING- 11/19/19 Boys and Girls Club

### VICARIOUS TRAUMA

Raquel will be speaking about secondary/ vicarious trauma that social service providers often experience when they care deeply about the people they serve and bear witness to their pain. She will offer some strategies to avoid burning out and becoming apathetic. Her energy, passion, commitment and joie de vivre will inspire all



### Raquel Castro-Corazzini is a first-generation

immigrant from Ecuador who grew up in Worcester in the Main South neighborhood. She has seen/heard and worked through some disturbing things and grown stronger by surviving them. Her experiences with inequities led her to youth work at a very young age. She currently works for the City of Worcester as the Director of Youth Services.

Due to a generous grant, the series and lunch will be provided free of charge, however participants will need to register at <u>worcacts@gmail.com</u> to ensure we have enough food.

#### What is the Training Series?

The Tuesday Trauma Training Series has two overlapping objectives. It is meant to build knowledge about the impact trauma has on individuals and in communities throughout the life cycle. Local experts will share an aspect of trauma and resilience that can be applied to varied populations in treatment settings. Presenters will provide a clear and achievable objective for the session. They will leave 30 minutes for questions and case conversations. There will also be time for the sharing of resources and / or announcements. Each lecture stands alone, but the hope is participants will commit to attending all the sessions. This addresses the secondary objective of building community among helping professionals working with individuals who have experienced something traumatic. When we better understand specific traumatic experiences and build trauma informed systems, we will reap the benefits of a more connected and nurturing community.

#### Participating Sponsors

CYCJ (Collaborative for Youth and Community Justice) at Clark University, WAMS- Worcester Area Mission Society, Boys and Girls Club, OVC (Office of Victims of Crime) Grant partners, the SHINE Initiative, UMass Medical School, UMass Trauma Training Center, LIFT(Living in Freedom Together), Jana's Place, AIDS Project Worcester, Edward St Childcare Services, Everyday Miracles, Worcester Addresses Childhood Trauma, Veteran's Inc., ACE- African Community Education, South East Asian Coalition, WCAC, YOU Inc., South Bay Mental Health Services, Open Sky Community Services, City Of Worcester YVPI, Office of Youth Opportunities, Worcester DPH, Pathways for Change, Fresh Start, YWCA

NEXT UP- 12/17/19, **Nikki Bell** "The Trauma of Commercial Sexual Exploitation" at WAMS the Worcester Area Mission Society, 6 Institute Road