

8/4/2020

Trauma Training Tuesday

Pandemic Virtual Edition

First & Third Tuesday of the Month

12:00 P.M.-2:00 P.M.

TRAUMA OF UNCERTAINTY

Here in 2020, anything can happen. We are all worried about our homes, our jobs, our health, our plans and our loved ones. It is hard to be our best selves in these conditions. The star social workers of YOU, Inc will talk about community needs, supports and resources. They will offer tools for managing stress and worried children.



Topic: Trauma of Uncertainty

**Time: August 4, 2020 12:00 PM Eastern
Time (US and Canada)**

Join Zoom Meeting

<https://clarku.zoom.us/j/621730583>

Encountering challenges? The YOU, Inc. Worcester Family Resource Center is here to help. Call them Monday to Friday from 8:30am to 4:30pm at 508-796-1411

Deborah Bunker, LICSW has worked with youth in a variety of settings, including as an Adjustment Counselor at Worcester Public Schools. She is expert in practical strategies to manage stress and build resilience. She has helped many advocate for themselves and achieve better personal and educational outcomes.

Emily Swalec, LCSW is the Director of the Family Resource Center. She has been a standout throughout the pandemic, leading subgroups of Worcester Together and brokering resources at all levels. She is calm and kind and instills hope and optimism in everyone she encounters.

Anne Bureau, LICSW has been building this community for nearly 30 years. She works tirelessly to support Worcester families by bringing out the voices of residents in the planning for local resources. She is committed to improving the lives of local families by ensuring that services meet their needs.

Using the link above you should be able to join from a desktop, laptop, tablet or phone at noon August 4th. It will be recorded for later viewing as well. No need to RSVP, feel free to share!

Participating Sponsors

Collaborative for Youth and Community Justice at Clark University, WAMS- Worcester Area Mission Society, Boys and Girls Club, OVC (Office of Victims of Crime) Grant partners, the SHINE Initiative, UMass Medical School, UMass Trauma Training Center, LIFT(Living in Freedom Together), Jana's Place, AIDS Project Worcester, Edward St Child Services, Everyday Miracles, Worcester Addresses Childhood Trauma, Veteran's Inc., ACE- African Community Education, South East Asian Coalition, WCAC, YOU Inc., South Bay Mental Health Services, City Of Worcester YVPI, Office of Youth Opportunities, Worcester DPH, Pathways for Change, Fresh Start, YWCA & WEC-Worcester Education Collaborative, NOWA- No One Walks Alone Peer Recovery Center